



Week 1

Are there any quotes that always stick in your mind?

Before tonight, had you ever heard Jeremiah 29:11 before?

Read **Jeremiah 29:10-14**

After reading Jeremiah 29:11 in its context, what do you notice? How does the meaning of the verse change when you read the surrounding verses as opposed to just verse 11?

Read **Romans 8:29-30**

What parts of these verses stick out to you? According to this, what is God's plan for our lives?

If God doesn't promise us prosperity, what are some things he does promise? Check out these verses and write down your observations:

- **John 16:33**
- **Matthew 11:28-29**
- **2 Corinthians 12:9-10**
- **Romans 8:28-29**
- **1 John 1:9**

How can you look towards God's promises each day?

Next Step: Choose one of the verses above and commit to memorizing it throughout the week as a reminder of God's promises to us.