



When you hear "time with God," what comes to mind? How would you define it in your own words?

What's the biggest obstacle that keeps you from spending time with God?

Have you ever gone through a season where you didn't feel like reading your Bible or praying?

What do you do when you read Scripture and don't understand what you're reading?

How have you seen consistent time with God shape who you're becoming—not just what you know?

For the next 10-15 minutes give students space to process what the best time with God could look like and then put it into practice. Have them process the following first:

- When and where? (When will they be the least distracted and where will help them focus?)
- What is the best content for them? (Bible Reading Plan, reading a book of the Bible, Listening to a podcast)
- How do they process best? (Journaling, Silence, Worship Music)

Come together: What's one small step you could take this week to grow in spending time with God?